



2020 FALL INFORMATION

Our Fall Season will run from September 12th to November 30th.

We will focus on player development as well as team development. The fall season is designed to better each individual in their weaknesses to make them a better player for their winter school season.

We will be attending 2 sleep away tournaments, along with 4 local tournaments. We will encourage our athletes to attend showcase workouts where college scouts will be attending. The team will practice twice a week, one practice will be dedicated to conditioning and targeted learning. The second practice would be designated to run through plays, films, game plan, etc.

**Interested or need more information, contact
Coach Mike Negrin: info@nyrisingrebels.com
914-355-8955**